

CHASE HEAT JUNIOR A HOCKEY CLUB 2025 RECRUITING GUIDE





OUR PROGRAM



The Chase Heat are a Junior “A” hockey club based in Chase, BC . We are a non-profit, community owned franchise which is run by a board of directors, all of whom are residents of the Village of Chase. We are one of 21 teams competing in the Kootenay International Junior Hockey League.

Our goal is to provide a first class experience for our players, both on & off the ice. With daily practices, video sessions, workouts & professional coaching, our players hockey experience is one that will compare to any Junior A program. Away from the rink, our players spend a lot of time giving back to the community and getting to partake in unique experiences & team building events unique to the area. We pride ourselves on our family like atmosphere and creating a fun & competitive environment for our players to develop.

The Heat joined the KIJHL in 2011 as an expansion franchise. The team has enjoyed our share of success, culminating with a KIJHL finals appearance in 2017. The Heat attract players from all across Canada & the United States. This year’s team will include players from BC, western Canada, Ontario, New England & beyond! We’re continually looking to improve, both on & off the ice to make Chase one of the premier franchises in the KIJHL.



OUR PROGRAM

PROGRAM HIGHLIGHTS

- 4-5 PRACTICES PER WEEK, BASED AROUND GAME SCHEDULE
- STRENGTH & CONDITIONING PROGRAM WITH CERTIFIED STRENGTH COACH
 - 1-2 STRENGTH WORKOUTS PER WEEK
 - 1-2 MOBILITY WORKOUTS PER WEEK
 - 1--2 YOGA WORKOUTS PER WEEK
- FULL-TIME GOALTENDING COACH, 3+ PRACTICES PER WEEK
 - GOALIE SPECIFIC WORKOUTS
 - GOALIE SPECIFIC VIDEO
 - MULTIPLE GOALIE SPECIFIC ON ICE SESSIONS PER WEEK
- TEAM VIDEO SESSIONS 4+ TIMES PER WEEK
 - INDIVIDUAL VIDEO AS NEEDED OR REGULARLY SCHEDULED

PROGRAM BENEFITS

- EXTRA SKILLS & SPECIALITY COACHES ON A REGULAR BASIS
- VIRTUAL REALITY TRAINING USING NHL SENSE ARENA AVAILABLE FOR USE
- STATE OF THE ART CHARTER BUS TO ALL ROAD GAMES WITH DEDICATED BUS DRIVER
- MEALS & HOTELS INCLUDED FOR ROAD GAMES
 - HOTELS WHEN NEEDED
- GYM PASS TO VILLAGE FITNESS INCLUDED WITH PLAYER FEES
- TEAM EVENTS & ACTIVITIES ON A REGULAR BASIS



OUR COMMUNITY



The Village of Chase is located in the beautiful Shuswap region of British Columbia along the Trans Canada Highway. With Kamloops & Salmon Arm being 40 minutes away and Kelowna being under 2 hours away, Chase provides the small town atmosphere with easy access to the big city amenities. Chase has a permanent population of roughly 2500 residents, with that number increasing exponentially in the summer months.

Chase & the Shuswap region is an outdoor playground during all months of the year. During the summer months, Chase becomes a popular destination for boaters, fishermen, golfers & outdoor enthusiasts. During the winter months, Chase is conveniently located within close proximity of several ski hills, snowmobile areas, and several other outdoor activities





GETTING HERE

BY AIR

- Kamloops Airport (YKA) is located 45 minutes west of Chase and is easily accessed via Highway 1 and Highway 5. Kamloops airport offers direct flights to and from Calgary, Vancouver & Victoria through Air Canada, Westjet & Pacific Coastal, making it easy destination to connect to.
- Kelowna International Airport (YLW) is located just over 1 hour & 30 minutes from Chase and is easily accessible via Highway 1 and Highway 97. Kelowna offers many different flight options & destinations, including Seattle, Los Angeles, Toronto, Calgary, Vancouver, Edmonton & many more. Air Canada, Westjet, Pacific Coastal, Alaska Airlines, Flair and more have flights to & from Kelowna, making our area easily accessible.

BY CAR

- Chase is located along the Trans-Canada Highway (Highway 1) east of Kamloops and west of Salmon Arm. Chase is a 4 hour drive (to the east) from Vancouver and 6 hour drive (to the west) from Calgary. There are multiple bus companies that stop in Chase.

BY TRAIN

- While the CP rail trains pass through Chase, there is no passenger service that stops in Chase. Kamloops is the closest VIA rail stop and easily accessible using Highway 1 and Highway 5.





OUR LEAGUE - THE KIJHL

The KIJHL is comprised of 21 teams spanning as far east as the BC rocky mountains, south into Spokane, west to the Coquihalla and north into the Cariboo region. The league is a proud member of BC Hockey & Hockey Canada and is proud to be the only sanctioned Junior A hockey league in the BC interior. The league is highly respected and is widely considered one of the fastest growing leagues in terms of calibre and player advancement. The league prides itself on preparing players for higher levels of hockey and is committed to provide it's players with a first class experience. The league is continually increasing it's operating standards and providing more opportunities to highlight their players for better exposure. Over the last 6 seasons, the KIJHL has sent an average of over 40 players per season to higher levels of hockey, whether at the junior or collegiate level.

The KIJHL is one of the most active & extensive online exposure through their website & social media channels. The KIJHL has several initiatives to recognize and showcase it's players. Some of these initiatives include: Player of the Week, Player Spotlight, Young Guns feature, Top Shelf Podcast, Alumni updates, Commitment Announcements & much more. The league also competes in the BCHC Prospects Game, sending it's top 16, 17, & 18 year olds to compete against the top 16, 17 & 18 year olds from the Pacific Junior Hockey League.





EDUCATION

HIGH SCHOOL

High school aged players will have the opportunity to attend Chase Secondary School . The school shares an athletic field with the arena, making attending classes and practices much easier. The school offers a vast selection of courses, making it easy for players to transfer and continue their studies. The school has accommodated several Heat players over the years and is very willing to work with our players to ensure a positive experience.

COLLEGE & UNIVERSITY

Players looking to get a jump on their college studies will have multiple options to consider.

Thompson Rivers University is located in Kamloops, with easy access from Chase via Highway 1 (Trans-Canada Hwy). Thompson Rivers is one of BC's premier universities and has several different programs and areas of study to suit many interests.

Okanagan College has several campuses, including one in Salmon Arm, which is easily accessible from Chase via Highway 1. While the course selection will be smaller than some universities, Okanagan College offers a great option for upgrading classes or beginning a few courses before moving to another university full-time.



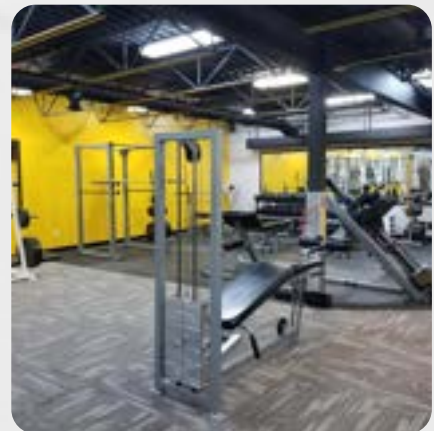


FACILITIES



The Heat are proud to call the Art Holding Memorial Arena our home. The Art, as it's affectionately known, is one of the more intimate buildings in the KIJHL, but can get very rowdy during Heat playoff games. The Heat have our own private wing of the building which includes our private dressing room & lounge, sharpening & workshop area, kitchenette, coaches office, private entrance and more.

Team strength workouts will take place at Village Fitness & Tanning, located in downtown Chase, a short walk/drive away from the Art.





PLAYER EXPERIENCE



SKILLS SESSION
WITH JARED AULIN



HEAVY EQUIPMENT
SIMULATOR AT ROAD
BUILDERS ROADSHOW



TEAM HIKE



TEAM TRIP TO SUN PEAKS RESORT



CURLING AT THE
CHASE CURLING CLUB



NORTHERN LIGHTS OVER
THE LAKE



HELPING AT THE C.S.S
CHRISTMAS LUNCH



REMEMBRANCE DAY
MARCH & CEREMONY



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